# **Kennett Middle School**



# **Student Athletics Code**

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#### Welcome!

The A. Crosby Kennett Middle School Student Athletics Code is designed to provide you with information concerning all opportunities offered by the KMS co-curricular program. While academics are our top priority, student participation in school programs is an integral part of a well-rounded education. Our main objectives are to encourage participation, teamwork, sportsmanship, and the enjoyment of school co-curricular opportunities. The numerous values learned through a commitment to a school program are beneficial to all individuals and will serve throughout their lifetime.

As parents/guardians, your positive involvement in all of your child's activities is a model for their growth and behavior. Your child will look to you for guidance and direction about how to conduct themselves at events and activities. Therefore, your presence at events and positive cheering for your child's program is essential. In life and sports, bad calls will happen or you may disagree with a decision. Regardless, the role of each and every adult is to model integrity and composure while demonstrating how to handle disappointment in a positive forward-looking way. We do encourage and appreciate parents who wish to become involved as a support system for each of our programs.

This athletics code describes the rules of the A. Crosby Kennett Middle School student co-curricular programs. It also addresses students' welfare and conduct as representatives of their programs and the school. By registering for a program and agreeing to the Consent Agreement and Athletics Code Acknowledgement Contract, it is in effect giving one's word that the student will abide by the rules and regulations outlined in this athletics code. This is a commitment we take seriously.

Please read, discuss, and co-sign the agreement with your son or daughter. When discussing these rules and procedures please help us to emphasize the importance of a student first approach, where your child is first a student and second an athlete. Encourage your son or daughter to engage in healthy choices both during and outside of our sports and club seasons.

We look forward to working with you and your child in our co-curricular programs. Go Eagles!

Rick Biche, Principal Gredel Shaw, Athletic Coordinator

#### Sports Offered at A. Crosby Kennett Middle School

<u>Fall</u>	<u>Winter</u>	Spring
Cross Country (Co-ed)	Boys Basketball	Baseball
Field Hockey	Girls Basketball	Softball
Football	Alpine Skiing (Co-ed)	Track & Field (Co-ed)
Boys Soccer	Nordic Skiing (Co-ed)	, ,
Girls Soccer		

#### SAU 9 Vision Statement

To realize the full potential of each and every student.

#### Kennett Middle School Athletics Department Mission Statement

To provide quality co-curricular opportunities that appeal to our broad student population and support:

- Student learning
- Student involvement
- Sportsmanship and teamwork
- Healthy physical activity
- Building resiliency, responsibility and accountability
- Strengthening fundamental skills.

#### **Policy**

As representatives of our school and community, participants are expected to demonstrate at all times the attributes of good sportsmanship, cooperation, respect and courtesy. A successful co-curricular program is measured by the positive impact it has upon the social, emotional, and physical growth of individuals and not by the quantity of awards, victories or recognitions.

#### **Guiding Principals**

The co-curricular programs at Kennett Middle School are designed to offer opportunities which meet the abilities, needs, and interests of a diverse student body and to facilitate the transfer of acquired skills and values into the classroom.

- All interested students will be afforded a placement on a team or club.
- Foster experiences which support the personal qualities of self-control, hard work, perseverance, fair play, cooperation, and cultural/intellectual awareness.
- Encourage the active support and participation of students, faculty, coaches, advisors, parents and all segments of the community, thereby promoting pride, enthusiasm, appropriate group behavior and joy in expanding horizons.
- Demonstrate the importance of drill, practice, rehearsal and preparation towards a formulated goal or an improved level of performance.
- Inspire loyalty and support towards group goals.
- Afford the opportunity to deal with setbacks and to channel energy in a positive direction by demonstrating that personal and group success can be achieved by a healthy lifestyle.
- The student's primary focus is on learning, so after school help/make up work takes precedence over all activities and will be an excused absence unless the coach/advisor and the teacher involved agree otherwise.
- As a participant of co-curricular activities all school rules and policies apply.

#### Co-Curricular Definition

Co-curricular activities include any/all formally sanctioned school related activities, athletics, clubs, etc., that take place outside of the normal school day and are not directly linked to a course grade.

#### Risk of Participation

While the athletic department takes all reasonable precautions, including training of coaches and care of facilities, athletic events involve risk and all athletes and parents should be made aware of and understand these risks.

#### **Sportsmanship**

A. Crosby Kennett Middle School is dedicated as a school community to instill sportsmanship, ethics, and integrity in its students, athletes, and fans.

#### **Examples of a Good Sport**

- Exhibiting a spirit of compassion and genuine consideration for the opponent
- Accepting the results gracefully and acting fairly and courteously toward opponents, game officials and fans at all times
- Maintaining self-control at all times
- Refusing to jeer an opponent's failure
- Helping up a fallen opponent
- Patting an opponent on the back in a gesture of "nice play"
- Recognize a good game by an opponent with a meaningful handshake
- Courteously handing the ball or getting the ball for the official
- Refusing to be baited into inappropriate action

#### Acceptable Behavior

- Applauding during the introduction of participants, coaches, and officials
- Shaking hands with opponents while both sets of fans recognize the players' performance with applause
- Graciously accepting all decisions of the officials
- Handshakes between opposing teams and coaches at the end of the contest
- Searching out opposing teams to recognize them for an outstanding performance or coaching
- Everyone showing concern for injured players, regardless of the team
- Applauding at the end of a contest for performance

### Unacceptable Behavior

• Disrespectful or derogatory yells, chants, songs, or gestures

- Booing or heckling an official's decision
- Criticizing officials in any way
- Displays of temper with an official's call
- Yells that antagonize opponents
- Ridiculing or directing insulting remarks at participants
- Throwing objects or shining lights on the floor or at participants
- Going onto the floor or field at any time
- Refusing to comply with a teacher, game official, or administrator's directive

Any fan acting disrespectfully towards other fans, players, coaches, officials, or game personnel may be asked to leave the site with or without prior warning.

#### **Expectations of Coaches**

- Always setting a good example for players and fans to follow, exemplifying the highest moral and ethical behavior
- Instructing participants in good sportsmanship responsibilities and demanding that they make sportsmanship the number one priority
- Respecting the judgment of contest officials and not displaying behavior that might incite fans
- Treating opposing coaches, players, and fans with respect, and shaking hands with officials and opposing coaches in public
- Developing and enforcing consequences for players whom do not abide by sportsmanship standards
- No running up scores

#### **Expectations of Student Athletes**

- Treat others with respect
- Shaking hands prior to and after contests
- Respecting the judgment of contest officials and displaying no behavior that might incite fans
- Accepting seriously the responsibility and privilege of representing the school and community
- Displaying positive public actions at all times
- Living up to the high standards of sportsmanship displayed by the coach

#### Expectations of Parents and Other Fans – Be a Fan, Not a Fanatic

- Realizing that being a fan and spectator is a privilege to observe a contest and support middle school activities – attendance at a contest is not a license to be unsportsmanlike
- Respecting the decisions of contest officials
- Being an exemplary role model by positively supporting teams in every manner
- Respecting fans, coaches, and players

#### <u>Absences</u>

Attendance at meetings, club functions, practices and contests is mandatory. Students must inform their coach in advance for any absence to be considered excused. An excused absence does not automatically guarantee participation in an activity or contest. The coach/advisor retains the right to disallow participation in certain circumstances. An unexcused absence will result in an activity or game suspension.

#### Detention

If a student receives a detention, the student must notify the coach immediately. Detentions are assigned with a minimum 24 hours' notice on the next Tuesday or Thursday.

#### **Eligibility**

- 1 Eligibility Rules
  - a. Any student enrolled full or part time at Kennett Middle School that meets all other requirements is eligible for participation in co-curricular activities
  - b. NON SCHOOL TEAM COMPETITION: A member of a school team is a student athlete who is regularly present for, and actively participates in, all team practices and games. Bona fide members of a school team are prevented from missing a school practice or game to compete with an out-of-school team, practice or competition to include tournaments, showcases, combines or other athletic events. Whenever a conflict arises between the school team practice/game and an out-of-school practice/game on the same day, the school team practice/game must be honored by the student athlete. Priority must be given at all times to the school team, its practices and its contests unless a waiver has been granted by the Principal and Athletic Coordinator.
  - c. Penalties: Any student athlete who violates this rule, unless a waiver has been granted as stated above, for the first time shall be declared ineligible for the next interscholastic event in which the student athlete is a participant.
  - d. A physical form current within the last two years must be on file at the middle school.
  - e. Students must complete biannual impact testing.
  - f. A permission form must be signed by the parent/guardian and the athlete prior to any practice or play each season.

#### 2 Academics

- a. Demonstrating reasonable progress Grades
  - i. To be eligible to participate in any co-curricular activity at Kennett Middle School, a student must be making reasonable academic progress as demonstrated by competency grades on progress

reports. No student failing to demonstrate reasonable academic progress in two or more classes during the previous grading period will be allowed to represent the school in any interscholastic contest or event.

- ii. Reasonable progress will be defined as a majority of grades in a class at 2 or higher. ENEs are counted below the level of 2.
- iii. Quarter grades determine eligibility.
- iv. Coaches review student progress reports at mid-term to identify students in danger of failing.
- b. Academic eligibility of all students will be considered official on the date that progress reports for that grading period are issued to students.
- c. The Principal or Athletic Coordinator, after reviewing the roster of students involved in all activities, will notify the coaches of the eligibility/ineligibility of each of the participants.

#### 3 Attendance

- a. To be eligible to participate in or attend any game, practice, play or cocurricular activity, a student must attend a <u>full day</u> of classes on the day of the event. If a student has been dismissed from school the student is not allowed to return to school to participate in a game or practice without prior approval from the Principal and or Athletic Coordinator. If the event is scheduled for a Saturday, Sunday or holiday, this regulation shall apply to the last day of school preceding the event.
- b. Exceptions may include absences/dismissals due to
  - i. Religious holidays
  - ii. Illness/doctor's appointment
  - iii. Absence is school related (i.e. field trip)
- c. The Principal or Athletic Coordinator may find other absences excusable. Students should get preapproval in writing prior to being absent. Students who are dismissed due to illness must have permission from the Principal to participate in activities that day.

#### 4 Substance Use and All Illegal Activity

- a. Alcohol, Tobacco, Nicotine Products, Vaping Products, and Illegal Substances
  - For the purpose of this section, the start of the season will be defined as the first formal meeting that the coach has with the participants.
  - ii. It is considered a violation of this policy to possess or use alcohol, tobacco, nicotine products, vaping products, or illegal substances on or off school grounds.
  - iii. Violations of this policy will be removal from the activity for the remainder of the season or lose eligibility for 30 athletic participation days\*\*.
  - iv. At the student's request a meeting with the Principal may be arranged to present an alternative course of action that can consist

of community service and a meeting with a certified drug and alcohol counselor to cooperatively determine the extent in which the behavior is problematic. If deemed necessary by the counselor, the student will complete the counselor's recommend a course of action.

v. All requirements must be met, including meeting with the Principal before the student can be reinstated to participate in athletics.

#### b. Subsequent Violations

- i. A student that violates the policy for a second time during their middle school career will be ineligible for a period of 365 calendar days (from the violation) unless mitigating circumstances, as determined by the Principal, allow otherwise.
- \*\* Athletic participation days are defined as any days of the week that a team practices or plays during the sports season.
- 5 Use of Performance Enhancing Drugs
  - a. Any student found to be using performance enhancement substances will be ineligible pending investigation.

#### 6 Sportsmanship

- a. Students who are disqualified before, during or after a game, at any level, for unsportsmanlike conduct will not participate in the next scheduled contest including tournament play. A second disqualification will result in forfeiture of participation in that sport for the remainder of the season. If a student is disqualified for fighting, he/she will be banned from all extracurricular activities for 365 days.
- b. An athlete who strikes out against an official and physically touches him/her in any aggressive or hostile manner will be suspended for the season. If this action takes place in the last game of the season or tournament play, the athlete will be suspended for the following season in which he/she participates.

#### Hazing

The Conway School District is committed to providing all pupils a safe school environment in which all members of the school community are treated with respect. This policy is intended to comply with Ed 303.01 which identifies hazing as a form of pupil harassment. Conduct constituting hazing will not be tolerated and is prohibited by this policy. Hazing is conducted by an individual or individual which subjects a pupil or pupils to insults, taunts, challenges or behaviors, whether verbal or physical in nature, which are likely to intimidate students, negatively influence student participation or otherwise control student access to sanctioned activities.

Any school employee, or employee of a company under contract with a school in the District, or the District itself, who has witnessed or has reliable information that a pupil has been subjected to "hazing," as defined in Policy JICFA, shall report such incident to the Principal, or his/her designee, who shall in turn report the incident to the Superintendent.

If it is determined, after investigation, that a pupil has engaged in hazing conduct prohibited by this policy and implementing administrative regulations, the pupil shall be subject to appropriate disciplinary action, which may include, but not be limited to, suspension and expulsion.

Any pupil who is found to have engaged in hazing will be removed from the team/activity for the remainder of the season/school year. Police or SRO will be notified.

#### Suspension (Internal and External)

Students that are suspended are not eligible to participate in any game, practice, play or co-curricular activity until the student has attended a full day of school and practice following the suspension.

#### **Switching Teams**

Students may switch teams in pre-season, up to one week before the earliest game or match of either sport, with the permission of both coaches.

#### Travel to and From the Activity

Students are expected to travel with the group to and from all activities, contests and off-site practices for which transportation is provided by the District. In cases where the coach/advisor deems it appropriate for a student to be released to the custody of the parent/guardian, an exception will be made upon the presentation of a dated, written note or upon notification by the parent/guardian in person. Students with parent/guardian permission may, in limited circumstances, have other transportation arrangements, but those students must notify their coach in advance and present a note from their parent/guardian confirming the arrangement.

#### **Use/Care of Equipment**

All uniforms and practice gear are the property of Kennett Middle School. School issued uniforms, costumes or equipment may not be defaced or altered in any way and should be used only for school sanctioned activities. In the event that a student loses any of the school issued items, payment must be made before a student is allowed to participate in any other school activity, sport, or graduation. Restitution will be made at current replacement value.

#### Student Athletics Code Grievance Procedure

A student participating in an activity at A. Crosby Kennett Middle School, as well as the parent/guardian of that student, may elect to use the following grievance procedure as a means of arriving at an equitable solution to problems. The process is conducted by beginning at Level 1 and proceeds through the levels as appropriate.

#### Level 1: Coach/Advisor

The coach/advisor of each activity will render those decisions deemed necessary and proper for the good of the team or activity. The coach/advisor will contact the principal immediately upon making a decision that requires significant disciplinary action. Decisions will be made in accordance with team rules, this code, and any other applicable School Board policies. A student or parent/guardian may appeal a disciplinary decision made by a coach/advisor, in writing, to the Athletic Coordinator within five (5) school days of the decision.

#### Level 2: Athletics Coordinator

Upon receipt of a written appeal from a Level 1 decision, the Athletic Coordinator will review the decision of the coach/advisor. The Athletic Coordinator will meet with the student and/or parent/guardian as soon as practicable for the purpose of resolving the grievance. The Athletic Coordinator will render a decision of the grievance, in writing, within two (2) school days of the meeting. Failure to meet this deadline automatically advances the grievance to Level 3. A student or parent/guardian may appeal the decision of the Athletic Coordinator, in writing, to the Principal within five (5) school days of the decision.

#### Level 3: Principal

Upon receipt of a written appeal from a Level 2 decision, the Principal will review the decision of the Athletic Coordinator. The Principal will meet with the student and/or parent/guardian as soon as practicable for the purpose of resolving the grievance. The Principal will render a decision of the grievance, in writing, within two (2) school days of the meeting. Failure to meet this deadline automatically advances the grievance to Level 4. A student or parent/guardian may appeal the decision of the Principal, in writing, to the Superintendent within five (5) school days of the decision.

#### Level 4: Superintendent

Upon receipt of a written appeal from a Level 3 decision, the Superintendent will review the decision of Levels 1, 2 and 3. The Superintendent will meet with the student and/or parent/guardian as soon as practicable for the purpose of resolving the grievance. The Superintendent will render a decision of the grievance, in writing, within two (2) school days of the meeting. Failure to meet this deadline automatically advances the grievance to Level 5.

#### Level 5: School Board

A student or parent/guardian may appeal the decision of the Superintendent, in writing, to the School Board within five (5) school days of the decision.

## Kennett Athletics Concussion Guideline Reference

#### What Is A Concussion?

A concussion is a brain injury that:

- Is caused by a blow to the head or body.
- \* From contact with another player, hitting a hard surface such as the ground, ice or floor, or being hit by a piece of equipment such as a bat, lacrosse stick or field hockey ball.
- Can change the way your brain normally works.
- Can range from mild to severe.
- Presents itself differently for each athlete.
- Can occur during practice or competition in ANY sport.
- Can happen even if you do not lose consciousness.

#### What Are The Symptoms of A Concussion?

Some symptoms may be noticeable right away; however, other symptoms may show up hours or days after the injury. Concussion symptoms include but are not limited to:

- Amnesia
- Confusion
- Headache
- · Loss of consciousness
- Balance problems or dizziness
- · Double or fuzzy vision
- · Sensitivity to light or noise
- Nausea
- Feeling sluggish, foggy, or groggy
- Feeling unusually irritable
- Concentration or memory problems

#### Concussion Assessment and Return to Play Protocol

If you experience a blow to the head or exhibit symptoms of a concussion, tell your coach immediately and see the Certified Athletic Trainer (ATC).

If symptoms appear later, alert your parents and either see your physician as soon as possible, see the certified athletic trainer at school the next day, or go to the emergency room.

Once diagnosed with concussion like symptoms, the athlete will be immediately removed from all activity. The same process will be followed for all concussions, regardless of the severity of the symptoms.

First notification should be made to the Athletic Coordinator, School Nurse and School Counseling Department.

School Administration will coordinate with School Counseling, the School Nurse, and the student's teachers to support the student in academic adjustments.

Students should report to the School Nurse for daily symptom checks and as needed.

A student is strongly encouraged to see a concussion specialist when diagnosed with a concussion.

It is imperative that families share medical reports from outside physicians and specialists with the school during treatment.

A follow-up ImPACT test will be administered at the discretion of the ATC, who will analyze the results. Students are not eligible to return to play until test results are in line with baseline data.

Students must get a note from their doctor clearing them to participate.

Once ImPACT data and a doctor's note give the "ok", the school's ATC will perform final on-field assessments of the student and give final clearance for full participation. In addition to all medical clearances, the student must be able to complete a full day of school without restrictions on academic work.

No one piece of information is enough to clear a student for full participation. It MUST be all three pieces of information (ImPACT data, doctor's note, and ATC's assessment) that will clear a student to return to full participation.

## KENNETT MIDDLE SCHOOL 176 Main Street, Conway, NH 03818

Ph:(603) 447-6364 (603) Fax: 447-6842

#### ACTIVITY PARTICIPANT PERMISSION & RELEASE OF RESPONSIBILITY

\* Your child cannot participate in this activity until all necessary paperwork has been completed.

\* This is NOT a Physical Examination Form

			1 1			
Participating Student Name			Date of Birth	Grade		
has my permission to participate in ( <i>Name of Activity</i> )						
Parent/Guardian Signature	Home To	eleph	one & Cell #	Date		
EMERGENCY INFORMATION / HEALTH UPDA require explanation and may require a medical explanation and may require a medical explanation.			mpleted by the par	rent. Positive responses		
Parent Name Work	Tel. #		Cell	#:		
Mailing Address Name	of Phys	ician _				
Physician Tel. # ALLERG	SIES					
1. During the past 12 months:	YES	/ NO	Explanation	Date of Illness/Injury		
a. Any hospitalizations or surgeries?						
b. Any injuries requiring medical attention?						
c. Any illness lasting more than one week?						
d. Any seizures, concussions, or unconsciousnes	ss? □					
e. Been under a doctor's care?						
2. Does your child: $\Box$ Wear glasses or contact let	nses? □	l Have	e dental bridges, p	lates, retainers/ braces?		
3. List all medications presently being taken and	what con	dition	the medication is	for:		
Emergency Medications Required:   EPI-PEN IN	HALER [	J INSI	ULIN □ DIASTAT [			
I hereby state that, to the best of my knowledg	ge, my a	nswe	rs to the above q	uestions are correct.		
Parent/Guardian Signature		_	 Date			

# KENNETT MIDDLE SCHOOL CO-CURRICULAR ACTIVITY CONSENT AGREEMENT AND ACTIVITIES CODE ACKNOWLEDGEMENT

- 1. I understand and acknowledge there are risks associated with participation in co-curricular activities. I understand and agree that neither Kennett Middle School, nor its coaches, advisors, employees shall be liable for any injury, loss or damage occurred by my son/daughter as a result of participation in any such activity as long as there has been a reasonable standard of care.
- 2. I understand that participation in co-curricular activities depends on adequate grades and so give my permission for my son's/daughter's coaches/advisors to have access to his/her grades in order to determine eligibility.
- 3. In case of an emergency, by authorization of my signature below, I hereby allow Kennett Middle School or its designated coach/advisor/trainer/nurse to administer first aid and make arrangements for emergency transportation to a medical facility for emergency treatment.
- 4. I hereby acknowledge that I have been given a copy of the Kennett Co-curricular Code and I acknowledge that I have carefully read the regulations prescribed herein.
- 5. I understand that co-curricular activities are a privilege and agree to represent Kennett Middle School in a positive manner at all times. I further understand that any student convicted or has a finding of guilt of illegal activity at any time will have their privilege of any/all participation in co-curricular activities revoked. Any appeals for reconsideration must go through the "ACTIVITIES CODE GRIEVANCE PROCEDURE".

ACTIVITY:	DATE:
STUDENT NAME	SIGNATURE
PARENT SIGNATURE	HOME TELEPHONE
	CELL PHONE